

NEW MENU 2016

Week 1



DESIGN A GREAT BRITISH BANGER!

Competition winner Oliver Stakes 'St Barts Super Sausage' will be specially produced and served on a theme day during the cycle of this menu.



Week 2

WE CAN CATER FOR SPECIAL DIETS

Children who require a special diet should complete a medical diet school meals request form which is available from your school office.



Week 3



MONDAY

Delicious homemade chicken curry Pilau rice Sweetcorn Peas 	Vegetarian chilli con carne Half jacket potato Sweetcorn Leafy green salad	Farmhouse wedge 	Marble sponge and custard 	Home baked fruit shortcake
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TUESDAY

Roast pork and apple sauce Crispy roasted potatoes Summer vegetable medley Gravy 	Homemade courgette and cheese sausage Crispy roasted potatoes Summer vegetable medley Gravy 	Wholemeal slice 	Chocolate tart 	Eton mess
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WEDNESDAY

Meatballs in a rich homemade tomato sauce Pasta spirals Roasted Mediterranean vegetables Watercress salad 	Cheese topped vegetarian mince burrito Mexican rice Roasted Mediterranean vegetables Watercress salad 	Garlic slice 	Fruit kebabs 	Afghan biscuits
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THURSDAY

Roast turkey and stuffing New season potatoes Sweetheart cabbage Fresh carrot batons Gravy 	Tangy vegetarian sweet and sour Oodles of noodles Fresh carrot batons Corn on the cob 	Onion topped loaf 	Apple and orange crumble and custard 	Ginger biscuits
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FRIDAY

Fish fingers or salmon fish cakes served with lemon wedges Chips Baked beans Peas 	Homemade spicy bean burger Chips Baked beans Peas 	Soft floury bap 	Vanilla ice cream and berry compote 	Chocolate cracknell
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Week one Commences: • 25th April • 16th May • 13th June • 4th July • 29th August • 19th September • 10th October

Homemade margherita pizza Baked potato wedges Green beans Sweetcorn 	Roast chicken and stuffing Creamy mashed potatoes Sweetheart cabbage Fresh carrot batons Gravy 	Homemade pork pasty pie New season potatoes Peas Fresh carrot rounds Gravy 	Tasty chicken napoliano Garlic slice Cauliflower Broccoli 	Farm assured pork sausages in a soft floury roll Chips Peas Summer salad selection
Sweet potato and pea risotto Baked potato wedges Green beans Sweetcorn 	Vegetarian Mexican quesadillas New season potatoes Fresh carrot batons Crudités and salsa dip 	Vegetarian meatballs in a rich homemade tomato sauce Pasta spirals Peas Tomato and basil salad 	Crispy potato topped vegetarian shepherd's pie New potatoes Cauliflower and broccoli Salad platter 	Falafel and crunchy salad served in a wrap Chips Peas Crudités and dip
Beetroot batch 	Wholemeal pumpkin slice 	Focaccia 	Mexican slice 	Soft finger rolls
Pancakes and berry compote 	Cornflake tart and custard 	Strawberry whip and cream 	Moist chocolate and beetroot muffin 	Chocolate ice cream and wafer
Rice krispie cake 	Cheese and biscuits served with grapes 	Summer peach cobbler and custard 	Fresh fruit salad 	Delicious home baked yum yum biscuit

Week two Commences: • 2nd May • 23rd May • 20th June • 11th July • 5th September • 26th September • 24th October

Brunch lunch Bacon Scrambled egg Potato and onion gratin Tomatoes and mushrooms 	Mouth-watering spaghetti bolognese Garlic slice Fresh carrot batons Mixed leaf salad 	Barbequed chicken strips Oriental noodles Sweetcorn Green beans 	Roast pork and apple sauce Creamy mashed potatoes Broccoli Gravy 	Crispy chicken chunks Chips Baked beans Peas
Vegetarian brunch Vegetarian sausage Scrambled egg Potato and onion gratin Tomatoes and mushroom 	Healthy vegetarian spaghetti bolognese Garlic slice Mixed leaf salad Creamy coleslaw 	Summer quiche Cous cous Green beans Salad platter 	Cheese and potato pie Baked jacket wedges Broccoli Crudités 	Quorn dippers Chips Baked beans Peas
Homemade cumin wedge 	Rustic farmhouse slice 	Poppy seed sticks 	Mini paprika spiced rolls 	Crusty slice
Strawberry fool yogurt 	Open apple tart and cream 	Fruit jelly and cream 	Sticky lemon iced buns 	Strawberry ice cream and wafer
Home baked cherry shortbread 	Freshly baked Chelsea buns 	Delicious banoffee pie 	Melting moments 	Viennese fingers

Week three Commences: • 9th May • 6th June • 27th June • 22nd August • 12th September • 3rd October • 31st October

● Mains ● Vegetarian



Cereals containing gluten



Crustaceans



Fish



Milk



Mustard



Peanuts



Soya



Lupin



Moluscs



Nuts



Sesame seeds



Sulphur dioxide

Allergens correct at time of print, updates will be posted on the website, www.schoolfoodsupportservice.co.uk

